

# Daily Walk (Part 1)

## Lesson 6- Spiritual Discipleship and Growth

**Intro:** Bible Christianity is not a Creed (a set of beliefs), but a person, the Lord Jesus Christ. When we receive the Lord Jesus as our Savior, we receive Him as a real Person into our heart and life, and although there are many things to learn about the Lord and the Christian life, we must never forget there is a personal relationship to be enjoyed and maintained.

Personal relationships are maintained by communication. Every Christian needs a “daily walk” with his or her Lord to enjoy all that God has in store.

This is the battleground where victory or defeat in your Christian life will be decided!!

### The vital requirements of a good daily walk:

**A.** God’s will for you as a young Christian is to \_\_\_\_\_ into spiritual maturity.

**B.** There are a number of essential requirements for physical growth, and there are some essential requirements for spiritual growth. Through this study we will deal with TWO of the most vital things you will need for a daily walk with the LORD.



### When should I walk with GOD?

**A.** In actual fact, our walk with the Lord needs to be constant.

1. Look up: Joshua 1:8

Joshua’s command was that God’s Word would not \_\_\_\_\_ from the mouth of God’s people day and \_\_\_\_\_.

Deuteronomy 6:6-9 “*And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates.*”

2. Look up: 1 Thessalonians 5:17

Here, we are bid to pray without \_\_\_\_\_.

**B.** Nevertheless, in our busy schedules of daily life, it is necessary for a Christian to set aside a DEFINITE TIME EACH DAY for a devotional walk with the LORD.

1. Look up: Daniel 6:10

How many times did Daniel pray each day? \_\_\_\_\_.

2. Look up: Acts 17:11

How often did the Berean Christians read the Word of God? \_\_\_\_\_.

3. There is no prescribed time for your daily devotions; the important thing is that you set a time aside.

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It may be early in the morning...  
It may be after the family has left home for the day...  
It may be during an undisturbed lunch break...  
It may be when the family has gone to bed...

**You set the time – Then stick to it.**

Having considered my family, my duties, and my usual activities in the light of God's clear command, I now promise the Lord that I will set aside the following time each day for the purpose of Bible study and prayer:

\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

### **How should I walk with God?**

Now that you have set aside a definite time for devotions, remember that good habits are usually hard to form. Ask the Lord to help you keep this one vital appointment. If you fail, don't quit, there's always the next day to re-start.

**A.** Divide your time roughly into thirds.

1/3 – for Bible reading

1/3 – for thinking about what God has said (meditation)

1/3 – for prayer

This time, must be deliberately reserved, conscientiously kept, and valiantly defended against the attacks of the Devil.

**B.** Make Habakkuk 2:1 YOUR MOTTO!! Write out this verse below.

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### **Closing Thoughts:**

Physical strength comes from exercising the muscles regularly, not from an occasional spasm. Religious temporary spasms do not produce spiritual strength or stability. Rebuilding the inner man requires an ongoing spiritual exercise program. To renovate the mind demands time in the presence of God. It's not an occasional workout, but a regular program for spiritual vitality.

Only a fraction of professing Christians even attempts a daily devotional time. Perhaps this is due to the fact that a lot of Christians are like the children of Israel wandering through the wilderness for all of their lives. Scores of converts have exited Egypt (the world), only to be dumped in the wilderness without a GPS (God's Positioning System). Precious few have even been taught about their new identity "in Christ" and their new position in the heavenly places. They have never been mentored or disciples on how to spend time with God in a devotional life.

The **duty** of a devotional time leads to a daily **discipline** that leads to the **delight** of fellowship with God. Just like our bodies require daily sustenance, our inward man must be feeding on the right food in order to maintain health. It is the ongoing contact with the presence of God that gives us the needed spiritual muscle to overcome sin. Reading, reflecting, and recording your thoughts will aid in feeding your inner man.